

# CI Physical Education Whole School Scope & Sequence

	PK	K	1	2	3	4	5	6	7	8	9	10
14/8-18/8	Intro	Intro	Intro	Intro	Intro	Intro	Intro	Intro/Fitness	Intro/Fitness	Intro/Fitness	Intro/Fitness	Intro/Fitness
21/8 -8/9	Individual Pursuits/ Athletics	Individual Pursuits/ Athletics	Target Games	Adventure Challenge	Movement Composition	Adventure Challenge	Swimming	Track & Field (D) & Health Ed	Strike & Field (D) & Health Ed	Track & Field (C) & Health Ed	Swimming (Pool) (D)	Climbing (B) Swimming (D)
11/9-29/9	(Main/Aux)	(Main/Aux)	(Aux)	(Outside)	(Gymnastics)	(Aux)	(Pool)	(Field1/Track)	(Field 2)	(Field 1)	Climbing (A) Social Issues (A) International Sport (Fitness R/Aux)	Social Issues (A) Drugs & Alcohol (Aux/Fitness R)
10/10 – 27/10	Movement Composition	Movement Composition	Health Related Activities	Invasion Games	Health Related Activities/ Adventure Challenge	Swimming	Target Games	Net Games Tennis (D) Volleyball (C) How we move (A)	Swimming (D) (Pool)	Creative Movement Acrogym (B, D) Trade Fair (A)	Creative Movement Jump rope Parkour (B, C, D)	Striking Field (D)
30/10 – 24/11	(Main/Aux)	(Main/Aux)	(?)	(Field 3/Aux)	(?)	(Pool)	(Aux/Ten)	(Ten/Main 2)	HRF Fitness (B) (Fitness Room)	(MPR/Gymnastics)	(MPR/Outside)	(Field 1)
27/11 – 15/12	Striking Fielding	Striking Fielding	Striking Fielding	Net Games	Swimming	Invasion Games	Movement Composition	HRF Fitness (B) (Fitness Room)	Creative Movement Yoga/Pilates/ Gymnastics (B) Gender Issues (A)	Invasion Games Handball, Basketball (C) Debate (A)	Invasion Games Ultimate (C) Tchoukball Sexuality Ed (A)	Creative Movement Aerobics Yoga (B, C, D) Relationships (A)
8/1 – 26/1	(Main/Aux)	(Main/Aux)	(Field 2)	(Aux)	(Pool)	(Main Gym)	(MPR?)	Swimming (D) (Pool)	(MPR/Gymnastics)	(Main 2)	(Field/Main 1)	(Dance)
29/1 – 14/2	Net Games	Net Games	Movement Composition	Swimming	Striking Fielding	Movement Composition	Invasion Games	Creative Movement Gym/Dance Martial Arts (B+C) Participation in Recreation (A)	Invasion Games Hockey (C) Soccer (C) Cardiovascular Fitness (A)	HRF Fitness (B) (Fitness) Swimming (D)	Net Games Jokgu (B) Badminton	Invasion Games Netball (C) Rugby (C)
19/2 – 9/3	(Main/Aux)	(Main/Aux)	(Aux)	(Pool)	(Field 3)	(MPR)	(?)	(Gymnastic/Dance)	(Gym 2/Field 1)	(Pool)	(Main 1/Ten)	(Field 1/Gym 2)
12/3 - 6/4	Adventure Challenge	Adventure Challenge	Swimming	Health Related Activities	Athletics	Athletics	Athletics	Invasion Games Soccer (C) Space Invaders (A)	Net Games Tennis(C) Volleyball (D) Psychology & Motivation (A)	Net Games Volleyball Badminton (C) Skill Acquisition (A)	Striking/Field Softball Cricket (C)	Health Related Fitness Trainer (B) Physiology of Exercise (A)
9/4 - 27/4	(Main/Aux)	(Main/Aux)	(Pool)	(Main?)	(Aux)	(Track/Field)	(Track/Field)	(Field/Main 1)	(Ten/Main 2)	(Aux)		(Fitness Room)
2/5 - 18/5			Athletics	Movement Composition	Target Games	Net Games	Striking Fielding	Adventure Challenge (B)	Adapted Games (B)	Adapted Games (B)	HRF (B, D) Training Principles	Net Games Volleyball Tennis (C)
21/5 - 6/6			(Field 3/Track)	(MPR)	(Field 4/Track)	(Aux)	(Field 1)	(Gym/Field)	(Field)	(Field)	Water Polo	(Main/Tennis)